

BREAKFAST MENU

BUFFET SELECTION (HELP YOURSELF)

£15.95

FROM THE BAKERY (V)

- Croissants (230 kcal), Pain au Chocolat (300 kcal), Danish Pastries (350 kcal)
- Sourdough (95 kcal), Farmhouse White (85 kcal), Multigrain (95 kcal), Bagels (250 kcal)
- Butter (72 kcal), Jams (50 kcal), Honey (64 kcal), Peanut Butter (94 kcal), Marmite (11 kcal)

GOLD TABLE

- Seasonal Fruit Platter & Berries (V) (100 kcal)
- Natural Yoghurt (V) (120 kcal), Flavoured Yoghurt (V) (160 kcal), Granola (V) (220 kcal)
- Bircher Muesli with Apple & Oats (V) (260 kcal)
- Continental Meats (180 kcal), Cheeses (160 kcal)
- Avocado & Tomato Salad (V) (150 kcal)
- Selection of Cereals (V) (200 kcal)

DRINKS

- Freshly Squeezed Juices: Orange (110 kcal), Apple (115 kcal)
- Daily Smoothie Shot (80 kcal)
- Selection of Teas (Black 2 kcal, with milk 25 kcal), Herbal Infusions (530 kcal)
- Freshly Brewed Coffee (Black 4 kcal, with milk 35 kcal)

COOKED TO ORDER

THE FULL HIDE

Smoked Back Bacon, Pork Sausage, Free-range Eggs (your way), Hash Brown, Tomato, Mushroom & Baked Beans, Black Pudding (956 kcal)

THE VEGETARIAN (V)

Plant-based Sausage, Free-range Eggs, Grilled Tomato, Mushroom, Hash Brown, Baked Beans (766 kcal)

THE LIGHTER ONE (V)

Avocado on Sourdough with Poached Eggs & Chilli Flakes (466 kcal)

FROM THE GRILL

- Buttermilk Pancakes with Maple Syrup & Berries (V) (504 kcal) or Bacon and Maple Syrup (604 kcal)
- Belgian Waffle with Chocolate Sauce & Cream (V) (530 kcal)

(V) Vegetarian. If you have any questions about our ingredients, or have other dietary requirements, please ask any member of staff who will be happy to help. Some products in our range contain nuts and other allergens. As a result, traces of these could be found in other products served here. Adults need around 2000 kcal a day.

THE HIDE